



## THE SPA AT THE IVY MENU

The Spa at The Ivy is a gorgeous oasis on the Ivy Hotel's second floor. Gifted therapists craft a bespoke spa experience to fit the hotel or day guest's needs, exceed their expectations, and reflect their unspoken wishes. Like a fine garment, each deeply restorative treatment is tailored to match the contours of the body, mind, and spirit. Our spa welcomes hotel guests and non-hotel guests. All spa guests receive complimentary valet parking.

### FACIAL STUDIO

#### Biologique Recherche Facial

*60 Minutes - \$250; 90 Minutes - \$350*

This customized facial with world renowned skin care line Biologique Recherche utilizes cold therapy to produce instant anti-aging results by tightening and firming the skin. During this custom service, specialized serums are cocktailled to fit any skin instance with lasting results.

*\*Extractions can be added to this service upon request\**

#### Naturopathica Wellness Facial

*60 Minutes - \$215; 90 Minutes - \$290*

Naturopathica uses ingredients such as seed oils, probiotics, and botanical extracts to nourish the skin's barrier. Selected products used during this holistic treatment are designed to address various skin types and conditions by combining aromatherapy with natural ingredients.

#### Back Facial

*75 Minutes - \$250*

This rejuvenating treatment involves a thorough deep cleansing, extractions, and application of purifying masks to effectively treat and nourish the skin.

#### Naturopathica Gentleman's Facial

*60 Minutes - \$215; 90 Minutes - \$290*

Naturopathica uses ingredients such as seed oils, probiotics, and botanical extracts to nourish the skin's barrier. This facial addresses the skin irritated from shaving, and environmental or emotional stressors and provides mustache and beard moisturization.

#### Facial Enhancements

May add to facial or massage treatment.

Add-ons may increase session length by 15-30 mins.

Please request at time of booking.

*\$30 each*

Hand or Foot Quench

Extractions

Hydrating Scalp Treatment

LED Light Therapy - Facials Only

NuFace Lifting and Toning targeted session

Some Services May Allow Additional Time Added





## MASSAGE THERAPY

Experience the ultimate relaxation with our massage services, which include a personalized aromatherapy option and a refreshing organic foot treatment.

### Custom Massage

*60 Minutes - \$200; 90 Minutes - \$290; 120 Minutes - \$380*

Our highly skilled massage technicians offer their unique set of modalities. You and your technician will tailor a treatment plan to address your individual physical concerns and preferences thus ensuring the most beneficial, healing and relaxing experience.

### Deep Tissue Massage

*60 Minutes - \$230; 90 Minutes - \$320*

Experience the healing power of this therapeutic treatment expertly administered by our skilled therapist. This specialized technique addresses deep-seated tension and past injuries, utilizing precise and firm pressure to rejuvenate movement and vitality.

### Prenatal Massage

*60 Minutes - \$200; 90 Minutes - \$290*

A gentle and nurturing experience for the expecting mother. Our prenatal massage technicians will focus on the muscular ailments generally associated with the effects of pregnancy while offering a safe and blissful experience for both mother and child. This service is offered in the 2nd and 3rd trimesters only.

### Probiotic Massage

*60 Minutes - \$200; 90 Minutes - \$290; 120 Minutes - \$380*

Improves the condition of the skin with peptide-rich probiotics to refine and smooth, antioxidants to alleviate the appearance of aging and ease wrinkles and deeply hydrating organic shea butter to seal in moisture.

### Couples Massage

*60 Minutes - \$420; 90 Minutes - \$600; 120 Minutes - \$780*

The perfect blend of touch and connection as you and your partner embark on a journey of serenity and rejuvenation in The Spa at The Ivy's shared luxury treatment room. Skilled hands will work their magic, to melt away all your tension and leave you feeling relaxed and refreshed.

### Massage Enhancements

*\$30 each*

Basalt Hot Stones

Himalayan Salt Hot Stones

Antara Oil

Hand or Foot Quench

Wild Lime Rejuvenating Scalp Treatment

Some Services May Allow Additional Time Added

### Ayurvedic Facial Massage Enhancement

*30 Minutes - \$60*

A lifting and toning massage using Kansa wands targeting the muscles of the forehead, eyes, cheeks, jaws, and neck precede the application of a hydrating and nourishing serum treatment.





## FOOT RITUALS

### The Ivy Signature Foot Ritual

*60 Minutes - \$145*

Tailored with your favorite aroma, our signature foot ritual begins with a soothing foot soak to alleviate sore, tired muscles and Himalayan salts to aid in the detoxification and remineralization of the body. Gentle exfoliation is provided with a hydrating sugar, salt and shea infusion. A foot and lower leg massage completes the ritual.

### The Couples Signature Treatment

*60 Minutes - \$340*

Includes our 60-minute signature foot ritual for two, two glasses of champagne, and a small gift.

### The Uncle Nearest Hot Toddy Foot Ritual

*60 Minutes - \$171*

Our hydrating, organic sugar scrub is created fresh for every treatment and enhanced with your scotch of choice. The Hot Toddy Foot Ritual begins with a relaxing foot soak in birch-infused bath flakes. Enjoy a delicious dram of Uncle Nearest Whiskey while you soak, fully immersing yourself into the experience. The treatment continues with a fragrant and skin softening exfoliation, lower leg and foot trigger point therapy and finishes with a hot stone massage over the lower legs and feet.

## BODY RITUALS

### Ultimate Zen

*120 Minutes - \$373*

This luxurious body ritual includes an ultra-hydrating full body exfoliation, body wrap and hot-oil scalp treatment followed by a relaxing and hydrating shea butter massage tailored with your favorite aroma. Your skin will retain its radiance for days.

### The Verbena Body Treatment

*60 Minutes - \$227*

Treat yourself to a deeply nourishing & moisturizing full-body exfoliation and body wrap while enjoying a relaxing scalp massage followed up with an application of our lotions and shea butter.

## IVY PACKAGES

### Perfect Petite Retreat

*150 Minutes - \$465*

Transport the body and mind to a state of perfect bliss with a luxurious blend of services including a 60-minute customized facial and a 90-minute aromatherapy-infused signature massage.

### Ivy Spa Lunch Retreat

*60 Minutes - \$237*

Relax with a 60-minute Custom Facial or Custom Massage. Enjoy a light snack and a glass of champagne upon completion of your service. Choose from either crudité's or cheese board.  
*Offered Tuesday - Thursday from 11am to 3pm*





## RETAIL OFFERINGS

Come visit the retail boutique inside The Spa At The Ivy and discover our offerings in luxury skincare, organic body care, and natural health and wellness solutions. Some of our lines include:

**Biologique Recherche** - A luxurious, highly customizable and impressive skincare line that addresses your skin's needs with efficacy and excellence. A botanical line from France, Biologique Recherche utilizes the power of pure botanical and biomarine extracts to rejuvenate the skin expertly, creating a highly effective aesthetic and facial experience that has produced a dedicated cult following worldwide.

**Naturopathica** - A natural skin and body care line that focuses on the health and well-being of skin and body by offering not only skin and body care solutions but also incorporate teas, tinctures and holistic wellness education.

**Zents** - Body care brand committed to clean, vegan, and organic formulations thoughtfully sourced from global and local origins.

## SPA RENTALS

The Spa at the Ivy does offer “The Exclusive Escape Group Package,” which is an extraordinary experience for you and your party to reserve the entire spa.

*Please contact [spa@theivybaltimore.com](mailto:spa@theivybaltimore.com) for details.*

## SPA MEMBERSHIPS

Indulge in the Ivy Spa experience with our exclusive membership.

Contact us for more details!

## SERVICE PRICES

Please note that the prices listed are subject to change at any time. Please confirm the price of the service when you book your appointment.

The Spa at The Ivy Hotel  
205 East Biddle Street, Baltimore, Maryland 21202  
410-514-6180 | [theivybaltimore.com](http://theivybaltimore.com)  
[spa@theivybaltimore.com](mailto:spa@theivybaltimore.com)

