



THE SPA AT THE IVY MENU

The Spa at The Ivy is a beautifully designed luxury retreat right in the heart of Baltimore. Step inside this calming oasis and leave your worries behind. We create each experience to suit your needs, exceed your expectations, and reflect the unspoken wishes of your heart. Like a fine garment, each inspiring treatment is meticulously tailored to match the contours of your body, mind and spirit.

Our spa welcomes not only our hotel guests, but outside guests as well.

All pricing includes 20% gratuity & valet parking.

FACIAL STUDIO

Biologique Recherche Facial

60 Minutes - \$240; 90 Minutes - \$340; 120 Minutes - \$420

Biologique Recherche is a world renowned skin care product that produces a heat effect in the skin. This protects the biome and reaches deeper to the cellular layers. Peptides are formulated to carry the product into the dermas which allows the skin to feel refreshed and relaxed. Our expert technicians will consult your skin care needs before service.

Biologique Recherche Gentlemen's Facial

60 Minutes - \$240; 90 Minutes - \$340

Selected products are designed to address the gentleman's unique facial needs. This facial addresses the skin that may be irritated from shaving, environmental or emotional stressors and provides mustache and beard moisturization.

Naturopathica Custom Facial

30 Minutes - \$120; 60 Minutes - \$200; 90 Minutes - \$290

Naturopathica uses ingredients such as seed oils, probiotics and botanical extracts to nourish the skin's barrier. Product formulas are enriched with clean cosmeceuticals such as plant stem cells and peptides providing real benefit to the skin.

Naturopathica Gentlemen's Facial

30 Minutes - \$120; 60 Minutes - \$200; 90 Minutes - \$290

Naturopathica uses ingredients such as seed oils, probiotics and botanical extracts to nourish the skin's barrier. This facial addresses the skin that may be irritated from shaving, environmental or emotional stressors and provides mustache and beard moisturization.

Facial Add-Ons

May add to any facial or massage treatment.

Add-ons may increase session length by 15-30 mins.

Please request at time of booking.

\$30 each

Hand or Foot Quench

Extractions

Hydrating Scalp Treatment

LED Light Therapy - Facials Only

NuFace Lifting and Toning targeted session





MASSAGE THERAPY

Custom Massage

30 Minutes - \$120; 60 Minutes - \$200

90 Minutes - \$290; 120 Minutes - \$380

Our highly skilled massage technicians offer their unique set of skills. Prior to your session, you and your technician will tailor a treatment plan to address your individual physical concerns and preferences thus ensuring the most beneficial, healing and relaxing experience. Modalities our technicians may offer include Swedish, Deep Tissue, Trigger Point, Hot Stones, Reflexology, Aromatherapy, Cranial Sacral techniques and more.

Ayurvedic Facial Massage

30 Minutes - \$120; 60 Minutes - \$200

A lifting and toning massage using Kanza wands targeting the muscles of the forehead, eyes, cheeks, jaws, and neck precede the application of a hydrating and nourishing serum treatment.

Probiotic Massage

30 Minutes - \$120; 60 Minutes - \$200

90 Minutes - \$290; 120 Minutes - \$380

Improves the condition of the skin with peptide-rich probiotics to refine and smooth, antioxidants to alleviate the appearance of aging and ease wrinkles and deeply hydrating organic shea butter to seal in moisture.

Prenatal Massage

60 Minutes - \$200; 90 Minutes - \$290

A gentle and nurturing experience for the expecting mother. Our prenatal massage technicians will focus on the muscular ailments generally associated with the effects of pregnancy while offering a safe and blissful experience for both mother and child. This service is offered in the 2nd and 3rd trimesters only.

Couples Massage

30 Minutes - \$240; 60 Minutes - \$400

90 Minutes - \$580; 120 Minutes - \$760

Enjoy The Spa At The Ivy's shared treatment Room. Our highly skilled massage technicians offer their unique set of skills. Prior to your session, you and your technician will tailor a treatment plan to address your individual physical concerns and preferences thus ensuring the most beneficial, healing and relaxing experience.

Massage Enhancements

\$30 each

Basalt Hot Stones

Himalayan Salt Hot Stones

Targeted Back Exfoliation

Deep Tissue

Antara CBD Oil



FOOT RITUALS

The Ivy Signature Foot Ritual

60 Minutes - \$140

Tailored with your favorite aroma, our signature foot ritual begins with a soothing foot soak to alleviate sore, tired muscles and Himalayan salts to aid in the detoxification and remineralization of the body. Gentle exfoliation is provided with a hydrating sugar, salt and shea infusion. A foot and lower leg massage completes the ritual.

The Couples Signature Treatment

60 Minutes - \$330

Includes our 60-minute signature foot ritual for two, two glasses of champagne, and a small gift.

The Uncle Nearest Hot Toddy Foot Ritual

60 Minutes - \$165

Our hydrating, organic sugar scrub is created fresh for every treatment and enhanced with your scotch of choice. The Hot Toddy Foot Ritual begins with a relaxing foot soak in birch-infused bath flakes. Enjoy a delicious dram of Uncle Nearest Whiskey while you soak, fully immersing yourself into the experience. The treatment continues with a fragrant and skin softening exfoliation, lower leg and foot trigger point therapy and finishes with a hot stone massage over the lower legs and feet.

BODY RITUALS

Ultimate Zen

120 Minutes - \$365

This luxurious body ritual includes an ultra-hydrating full body exfoliation, body wrap and hot-oil scalp treatment followed by a relaxing and hydrating shea butter massage tailored with your favorite aroma. Your skin will retain its radiance for days.

Cashmere Quench

60 Minutes - \$220; 90 Minutes - \$300

Treat yourself to a full-body exfoliation and a deeply moisturizing body wrap while enjoying a relaxing scalp massage followed with an application of probiotic-enhanced lotion.

IVY PACKAGES

Perfect Petite Retreat

150 Minutes - \$465

Transport the body and mind to a state of perfect bliss with a luxurious blend of services including a 60-minute customized facial and a 90-minute aromatherapy-infused signature massage.

Ivy Spa Lunch Retreat

60 Minutes - \$225

Relax with a 60-minute Custom Facial or Custom Massage. Enjoy a light snack and a glass of champagne upon completion of your service. Choose from either crudité's or cheese board.
Offered Tuesday - Thursday from 11am to 3pm



RETAIL OFFERINGS

Come visit the retail boutique inside The Spa At The Ivy and discover our offerings in luxury skincare, organic body care and natural health and wellness solutions. Some of our lines include:

Biologique Recherche - A luxurious, highly customizable and impressive skincare line that addresses your skin's needs with efficacy and excellence. A biological line from France, Biologique Recherche utilizes raw, plant-based, biomarine and biotechnological extracts at very high concentrations, creating a highly effective aesthetic and facial experience that has produced a dedicated cult following worldwide.

Naturopathica - A natural skin and body care line that focuses on the health and well-being of skin and body by offering not only skin and body care solutions but also incorporate teas, tinctures and holistic wellness education.

Restorsea - Naturally derived and clinically proven. Backed by clinical trials, the Restorsea line is anchored by a revolutionary, proprietary enzyme called Aquabeautine XL[®], which gently exfoliates to minimize visible signs of aging without harsh side effects and reduces the appearance of hyperpigmentation.

Zents – Body care with organic and clean ingredients. Globally and locally sourced. Always vegan, gluten- and cruelty- free.

The Spa at The Ivy Hotel
205 East Biddle Street, Baltimore, Maryland 21202
410-514-6180 | theivybaltimore.com
spa@theivybaltimore.com

