



## T H E   S P A   A T   T H E   I V Y

The Spa at The Ivy is a small sanctuary on the hotel's second floor, a jewel box of comfort, warmth and well-being. Natural health and vitality are the guiding principles at the Spa. Our product lines, Naturopathica and Restorsea, are leaders in research, development, and innovation. Our treatments and massage expertise will indulge you in an experience both restful and euphoric.

At The Spa at The Ivy, we recognize that every guest is unique. And although we have a treatment menu from which to choose, a simple conversation with your massage therapist, pinpointing your needs and preferences, allows your massage therapist to tailor your treatment for the most beneficial and relaxing experience. You may also bring the spa to your private quarters with an in-room massage. Whether an herbal rub-down after a day of meetings or a beauty blitz before a big event, the therapist's focus is wholly you.



## THE SPA AT THE IVY MENU

**The Spa at The Ivy** is a beautifully designed luxury retreat right in the heart of Baltimore. Step inside this calming oasis and leave your worries behind. We create each experience to suit your needs, exceed your expectations, and reflect the unspoken wishes of your heart. Like a fine garment, each inspiring treatment is meticulously tailored to match the contours of your body, mind and spirit. Our spa welcomes not only our hotel guests, but outside guests as well.



### FACIAL STUDIO

#### Custom Facial

**60 Minutes - \$180 / \$160; 90 Minutes - \$270 / \$240**

Our experienced estheticians provide each guest with a complimentary consultation prior to the treatment, customizing the service to address specific skincare concerns and preferences, ensuring the best products are utilized to achieve the results desired.

#### Diamond Lifting

**90 Minutes · \$325**

Revitalize, restore & reboot dull skin from environmental stress and DNA damage. Improve the definition of facial contours and dramatically return the elasticity, texture & tone of the skin.

#### Sensitized Skin Facial

**60 Minutes - \$200 / \$180; 90 Minutes - \$290 / \$260**

Gentle yet effective treatment for sensitive skin or for skin that has been sensitized due to environmental stressors and / or immunocompromisation. This treatment utilizes Restorsea, a product line specifically formulated for the treatment of sensitized skin as well as LED light therapy to assist the body with collagen production, tissue detoxification and healing.

#### Gentleman's Facial

**60 Minutes - \$180 / \$160; 90 Minutes - \$270 / \$240**

Specifically created for the gentleman's unique facial needs. This facial addresses skin that may be irritated from shaving, environmental or emotional stressors and provides mustache and beard moisturization.

#### Back Facial

**60 Minutes - \$200 / \$180; 90 Minutes - \$290 / \$260**

The Back Facial nurtures that area of the body most difficult to reach on one's own. The back is provided with a deep cleanse that purifies the skin and prepares it for treatment as identified by your esthetician through a thorough consultation.

#### Toning & Lifting Facial Massage

**30 Minutes - \$90 / \$80; 60 Minutes - \$180 / \$160**

A lifting and toning massage targeting the muscles of the forehead, eyes, cheeks, jaws and neck precede the application of a hydrating and nourishing face mask treatment.

\*Add on LED light Therapy and a NuFace Treatment for additional lifting & toning benefits. (Additional cost applies)

### FACIAL ENHANCEMENTS

**\$10 - \$30**

Treatments Masks: Eye, Face, Neck,  
Decollete & Micronized Algae  
Extractions  
Glycolic Peel  
Intensive Eye Treatment  
LED Light Therapy

### WAX SERVICES

**15-30 Minutes \$18 - \$75**

Brow, Chin, Lip, Arm, Half Leg,  
Whole Leg, Bikini, Brazilian

### TREATMENT ADD-ONS

**15 Minutes - \$25 each**

Hand or Foot Quench  
Hydrating Scalp Treatment

## MASSAGE THERAPY

### Custom Massage

**30 Minutes - \$90 / \$80; 60 Minutes - \$180 / \$160  
90 Minutes - \$270 / \$240; 120 Minutes - \$360 / \$320**

Our highly skilled massage technicians offer their unique set of skills. Prior to your session, you and your technician will tailor a treatment plan to address your individual physical concerns and preferences thus ensuring the most beneficial, healing and relaxing experience. Modalities our technicians may offer include Swedish, Trigger Point, Reflexology, Reiki, Aromatherapy, Myofascial Release and more.

### Prenatal Massage

**60 Minutes - \$180 / \$160; 90 Minutes - \$270 / \$240**

A gentle and nurturing experience for the expecting mother. Our prenatal massage technicians will focus on the muscular ailments generally associated with the effects of pregnancy while offering a safe and blissful experience for both mother and child. This service is offered in the 2nd and 3rd trimesters only.

### Probiotic Massage

**30 Minutes - \$90 / \$80; 60 Minutes - \$180 / \$160  
90 Minutes - \$270 / \$240; 120 Minutes - \$360 / \$320**

Improves the condition of the skin with peptide-rich probiotics to refine and smooth, antioxidants to alleviate the appearance of aging and ease wrinkles and deeply hydrating organic shea butter to seal in moisture.

### In-Suite Tranquility

**60m - \$205 / 90m - \$295 / 120m - \$410**

Find your deepest level of relaxation with a customized individual or couples style massage provided in your guest room. A detoxifying, aromatherapy enhanced bath is drawn at the end of your treatment, leaving you to enjoy a blissful sensorial soak.

## MASSAGE ENHANCEMENTS

**\$25 each**

Hot Stones  
Deep Tissue  
Organic CBD Oil  
Targeted Back Scrub

## BODY RITUALS

### Ultimate Zen

**120 Minutes- \$345**

This luxurious body ritual includes an ultra-hydrating full body exfoliation, body wrap and hot-oil scalp treatment followed by a relaxing and hydrating shea butter massage tailored with your favorite aroma. Your skin will maintain its radiance for days.

### Diamond Rose Ritual

**60 Minutes - \$180; 90 Minutes - \$270**

Take a journey through an unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with absolute damask rose oil that will transport you to a complete state of relaxation and well-being.

### Cashmere Quench

**60 Minutes - \$180; 90 Minutes - \$270**

Treat yourself to a full body exfoliation and a deeply moisturizing body wrap while enjoying a relaxing scalp massage followed with an application of probiotic-enhanced lotion.

### Foot Ritual

**60 Minutes - \$120**

Tailored with your favorite aroma, our signature foot ritual begins with a soothing foot soak to alleviate sore, tired muscles and Himalayan salts to aid in the detoxification and remineralization of the body. Gentle exfoliation is provided with a hydrating sugar, salt and shea infusion. A foot and lower leg massage completes the ritual.

### Lemon Verbena Hydrating Body Treatment

**60 Minutes - \$180; 90 Minutes - \$270**

A two-step body polish and hydrating wrap, this body treatment leaves skin radiant and deeply nourished. Following the scrub, the body is drenched in a soothing and smoothing treatment to promote deep hydration.

### Alpine Arnica Body Treatment

**60 Minutes - \$180; 90 Minutes - \$270**

Created especially for athletes, yogis, cellulite reduction and stress relief, this intensive deep tissue treatment is designed to focus on relaxing sore muscles, reducing tissue adhesions and congestion. \*Add targeted LED Therapy or a targeted NuFace Body Treatment to assist with muscle detoxification, lifting and toning. Additional cost applies\*

### Moisture Drench Body Wrap

**60 Minutes - \$180; 90 Minutes - \$270**

The ultimate skin conditioning treatment for the body. This session begins with a hypnotic massage, layering a warm, mineral-rich seaweed serum infused with aromatic Japanese Ume Plum extracts to revitalize the skin and is followed by a detailed massage with our Sea Fennel Massage Wax to deeply seal in moisture for a silky, satin finish.

## IVY PACKAGES

### Perfect Petite Retreat

150 Minutes - \$425 / \$360

Transport the body and mind to a state of perfect bliss with a luxurious blend of services including a 60 minute customized facial and a 90 minute aromatherapy infused signature massage.

### The Diamond Package

150 Minutes - \$475; 180 Minutes - \$565

An unprecedented sensory experience. Enjoy a smoothing and nourishing full body exfoliation followed by a hydrating and regenerating massage with Absolute Damask Rose Oil, providing the skin with a beautiful glow. The experience continues with a 90 minute Natura Bisse facial. Reboot dull skin from environmental stress and DNA damage, improve definition of facial contours, restore elasticity, skin texture and tone.

### Ivy Spa Lunch Retreat

60 Minutes / \$180

Enjoy a 60 minute Facial or Massage with a light snack and champagne. Available Monday - Friday.

*\*All prices include gratuity*

*\* Prices noted as X / X denote peak / off-peak*

## IVY SPA MEMBERSHIP PROGRAM

Become a spa member and receive a multitude of health and wellness benefits inclusive of but not limited to the following:

- 60 minute monthly massage, body treatment or facial service with your \$159 monthly member commitment
- Gratuity and Valet Parking are included in the Monthly Membership rate
- 20% off any additional massage, body treatment or facial booked within the same monthly period
- 20% off your retail purchases every day
- Monthly Member Treatment and Retail Specials!
- Contact the Spa for more details

## GROUPS

The Spa is the perfect venue for bridal and baby showers, wellness centered bachelor or bachelorette parties, birthday celebrations, corporate retreats or family gatherings.

Spa service packages are customized specifically for your group. A bottle of champagne and 20% off your party's retail purchases are added group benefits. Contact The Spa for more details.

## RETAIL OFFERINGS

Come visit the retail boutique inside The Spa At The Ivy and discover our offerings in luxury skincare, organic body care and natural health & wellness solutions. Some of the lines include:

**Naturopathica** is a natural skin and body care line that focuses on the health and well-being of skin and body by offering not only skin & body care solutions but also incorporate teas, tinctures & holistic wellness education.

**Restorsea** - Naturally derived and clinically proven. Backed by clinical trials, the Restorsea line is anchored by a revolutionary, proprietary enzyme called Aquabeautine XL, which gently exfoliates to minimize visible signs of aging without harsh side effects and reduces the appearance of hyperpigmentation.

**Zents** - Body care with organic and clean ingredients. Globally and locally sourced. Always vegan, gluten Free and cruelty free.

**NuFACE and NuBODY** - NuFace helps improve facial contours & reduces while NuBODY helps tone and firm body skin while smoothing away the look of dimples.

**Knesko** - Brightening, hydrating and firming collagen masks. Reduces redness, calms the skin. Immediate results!

**Jane Iredale** - Mineral makeup with healthy skin care formula.



THE SPA AT THE IVY HOTEL

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