



BALTIMORE
THE SPA
AT THE IVY





THE SPA AT THE IVY

The Spa at The Ivy is a small and perfect sanctuary of health and beauty within The Ivy Hotel, a Relais & Châteaux property in the heart of Baltimore. It is a realm of complete tranquility; a luminous, warm, quiet space overlooking The Ivy's green courtyard, and a truly transformative experience begins the moment you step through the door. Spa treatments are crafted to match the contours of your body, mind and spirit. You may come for a single sybaritic session, or a full weekend of bliss. Hotel guests and outside visitors are welcome with reservations, and all services include gratuity, so that your mind can stay clear of distraction. It's a little bit of heaven on earth.

*Contact us for reservations or more information:
410-514-6180*



THE SPA AT THE IVY

MASSAGE THERAPY

Custom Massage

60/90 minutes

Before your session, your therapist will listen carefully to your concerns and preferences and design the most relaxing and therapeutic treatment incorporating light to medium pressure with aromatherapy oils.

Mother-To-Be

60/90 minutes

A light massage specially created for expectant mothers in their second and third trimester. This session is performed with you lying on your side with pillowed support, the massage is designed to reduce stress, decrease swelling in the arms and legs, and relieve aches and pains in muscles and joints.

Probiotic Massage

60/90 minutes

Improves skin with peptide-rich probiotics to refine and smooth, antioxidants to alleviate the appearance of aging and ease wrinkles and deeply hydrating organic shea butter to seal in moisture.

Massage Enhancements:

Hot Stones

Deep Tissue



THE SPA AT THE IVY

BODY RITUALS

Ultimate Zen

2 hours

This luxurious body ritual includes an ultra-hydrating full body exfoliation, body wrap and hot-oil scalp treatment followed by a relaxing and hydrating shea butter massage tailored with your favorite aroma. Your skin will maintain its glow and radiance for days.

Diamond Rose Ritual

60/90 minutes

An unprecedented sensory experience. Enjoy a smoothing and nourishing exfoliation followed by a regenerating massage with Absolute Damask Rose Oil that will transport you to a complete state of relaxation and well-being.

Cashmere Quench

60 minutes

Treat your body to a top-to-toe exfoliation and deeply moisturizing body wrap while enjoying a relaxing scalp massage and finishing off with a probiotic enhanced lotion.

IN-ROOM SPA BLISS

In-Suite Tranquility

60/90 minutes

Find your deepest level of relaxation with a personalized individual or couples massage in your favorite aroma. A detoxifying bath is drawn at the end of your ritual, leaving you to enjoy a blissful aroma sensory soak.



THE SPA AT THE IVY

FACIAL STUDIO

Discover our result-driven skincare treatments and enjoy an unforgettable experience of beauty and relaxation.

Diamond Lifting

Energizes · Renews · Revitalizes

90 minutes

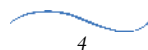
Reboot dull skin from environmental stress & DNA damage. Improves definition of facial contours, dramatically restores elasticity, skin texture and tone.

O2 Relax

Purifies · Brightens · Balances

60/90 minutes

Awaken your skin with the revitalizing energy of pure oxygen to decongest, brighten and clarify a dull complexion.



Vitamin C+C

Revitalizes · Stimulates · Firms

60/90 minutes

Drench your skin with the antioxidant power of Vitamin C. This nutrient rich treatment revitalizes the senses, stimulates the production of collagen, reduces inflammation and intensely hydrates.

Skin Comfort

Soothes · Comforts · Calms

60/90 minutes

Comfort the skin with an exclusive combination of botanical ingredients that soothe sensitized skin. This calming facial is the perfect therapy for hypersensitivity and rosacea.

THE SPA AT THE IVY

IVY PACKAGES

Perfect Petite Retreat

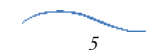
2 hours 30 minutes

Transport the mind and body to a state of perfect bliss with a 90 Minute Custom Massage followed by a 60 Minute Custom Facial.

Girlfriends' Getaway

3/6 hours

Reserve the Spa for your group's private use, and revel in an unforgettable experience, with multiple customized treatments, champagne and snacks, and a full or half day of pure delight. Perhaps wrap up the experience with dinner at Magdalena. Contact us to design the spa party of your dreams.



Clarisonic Radiance Facial

Exfoliates · Stimulates · Refreshes

60/90 minutes

Enjoy this luxurious and invigorating facial experience which utilizes the Clarisonic Smart Profile system giving you a deep cleanse to reveal your most radiant self. This sonic technology coupled with micro massaging techniques will leave your skin youthful and refreshed. Great for men, and all skin types.

Facial Enhancements

Diamond Eye/Face Mask

Gold Eye/Face Mask

Micronized Algae Mask

Treatment Add-Ons

15 minutes

Hand and Foot Quench

Hydrating Scalp Treatment

Intensive Eye Treatment (Facial only)

Glycolic Peel (Facial only)

Extractions (Facial only)

THE SPA AT THE IVY

FOOT SANCTUARY AND BEAUTY BAR

Our Foot Sanctuary and Beauty Bar overlooks the lush hotel courtyard. Refreshing beverages and light snacks are served while you enjoy your service.

Ivy Signature Foot Ritual

45 minutes

Tailored to your favorite aroma, our signature foot ritual begins with a soothing foot soak containing arnica to alleviate sore, tired muscles and Epsom and pink Himalayan salts to help detoxify and remineralize the body. Gentle exfoliation is provided with a hydrating sugar, salt and shea infusion. A foot and lower leg massage completes the ritual.

Hair and makeup services available upon request.

EXCLUSIVE SPA MEMBERSHIP

The Ivy VIP Spa Member enjoys substantial savings with your commitment to health and well-being. Your monthly membership includes your choice of a 60 Minute Custom Massage or Facial, savings on retail, member exclusive events, and more. Please visit www.theivybaltimore.com for details.

FOR A SEAMLESS SPA EXPERIENCE

Spa Reservations

We are a small and intimate spa. Therefore, we recommend that you book your services prior to your arrival so that we may best meet your scheduling requests.

Cancellation

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance. A 100% charge will be applied to your credit card for cancellations after this period or for no-shows.

Gratuities

For your convenience, gratuity is included in the price of your service. We have a strict “No Tipping” policy and our therapists have been instructed not to accept any form of gratuity.

Gift Certificates

Spa gift certificates are a delightful way to give the gift of health, relaxation and beauty to the special people in your life. We are happy to customize a gift certificate for you.

Health Conditions

When booking your reservation, please advise us of any health concerns such as heart conditions, high blood pressure, diabetes, allergies, physical limitations, or special needs. Let us know if you are pregnant as this may affect your choice of services. Your therapist will go over your concerns and will advise which treatments are best for you.



THE SPA AT THE IVY

Spa Arrival

Hotel guests will be met at their room and escorted to the Spa by a spa employee 15 minutes prior to their reservation. Outside guests are advised to arrive 15 minutes prior to their reservation at our main entrance where their car will be valeted. Arriving late will limit the time for treatment, thus lessening its effectiveness and your pleasure. Treatments will end on time so that the next guest will not be delayed. Please do not bring or leave valuables in the Spa. We will not be responsible for any theft or loss of personal property, including jewelry or other personal items.

Spa Attire

We suggest that you wear comfortable clothing. A robe and slippers will be provided for you. Hotel guests are welcome to come in their robe and slippers. Once in the treatment room, disrobe to the level of your comfort. Undergarments are not necessary but you may wear them if you prefer. Spa wraps will be provided for facial treatments. Our therapists are professionally trained in proper draping techniques to ensure your privacy and comfort.

Should you shave before a treatment?

Shaving is not recommended prior to any body exfoliation treatments or hair removal services. However, we do respectfully request that men shave 2 hours prior to their scheduled facial treatment.

Is there an age requirement to use the Spa?

All spa guests must be 18 or older to schedule a treatment. Children under the age of 12 are not permitted and guests under 18 must be accompanied by a parent or legal guardian.

Courtesy

While enjoying The Spa at The Ivy, we kindly ask that you enjoy quiet conversation and refrain from using cell phones and other electronic devices.

Prices and treatments are subject to change without notice.





THE SPA AT THE IVY HOTEL

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